

Quiet Moments with God

Allow these Quiet Moments to draw you into a time of refreshing, reflection and rest with the Lord. Ponder the true words of Scripture.

Despite the Storm

[Song: The Anchor Holds. Ray Bolz](#) *(Lyrics on pages 2&3)*

[Reading: Hold on to God](#)

God also bound himself with an oath, so that those who received the promise could be perfectly sure that he would never change his mind.

So God has given both his promise and his oath.

These two things are unchangeable because it is impossible for God to lie. Therefore, we who have fled to him for refuge can have great confidence as we hold to the hope that lies before us.

This hope is a strong and trustworthy anchor for our souls.

It leads us through the curtain into God's inner sanctuary.

Jesus has already gone in there for us.

He has become our eternal High Priest in the order of Melchizedek.

Hebrews 6: 17-20 NLT

But as for me, I will sing about your power.

Each morning I will sing with joy about your unfailing love.

For you have been my refuge,

a place of safety when I am in distress.

O my Strength, to you I sing praises,

for you, O God, are my refuge,

the God who shows me unfailing love.

Psalm 59:16-17 NLT

[Song: Your Love Defends Me. Matt Maher](#) *(Lyrics on pages 3&4)*

The Anchor Holds

Ray Boltz

I have journeyed
Through the long, dark night
Out on the open sea

By faith alone
Sight unknown
And yet His eyes were watching me

The anchor holds
Though the ship is battered
The anchor holds
Though the sails are torn

I have fallen on my knees
As I faced the raging seas
The anchor holds
In spite of the storm

I've had visions
I've had dreams
I've even held them in my hand

But I never knew
They would slip right through
Like they were only grains of sand

The anchor holds
Though the ship is battered
The anchor holds
Though the sails are torn

I have fallen on my knees
As I faced the raging seas
The anchor holds
In spite of the storm

I have been young
But I am older now
And there has been beauty
That these eyes have seen

But it was in the night
Through the storms of my life
Oh, that's where God proved
His love to me

The anchor holds
Though the ship is battered

The anchor holds
Though the sails are torn

I have fallen on my knees
As I faced the raging seas
The anchor holds
In spite of the storm

I have fallen on my knees
As I faced the raging seas
The anchor holds
In spite of the storm

Songwriters: Ray Boltz / Lawrence Chewning

Your Love Defends Me

Matt Maher

You are my joy, You are my song
You are the well, the One I'm drawing from
You are my refuge, my whole life long
Where else would I go?

Surely my God is the strength of my soul
Your love defends me
Your love defends me
And when I feel like I'm all alone
Your love defends me
Your love defends me, yeah

Day after day, night after night
I will remember, You're with me in this fight
Although the battle, it rages on
The war is already won
I know the war is already won

Surely my God is the strength of my soul
Your love defends me
Your love defends me
And when I feel like I'm all alone
Your love defends me
Your love defends me

We sing, "Hallelujah"
You're my portion
My salvation
Hallelujah

Surely my God is the strength of my soul
Your love defends me

Your love defends me
And when I feel like I'm all alone
Your love defends me
Your love defends me

Surely my God is the strength of my soul
Your love defends me
Your love defends me
And when I feel like I'm all alone
Your love defends me
Your love defends me

We sing, "Hallelujah"
You're my portion
My salvation
Hallelujah
You're my portion
My salvation

Hallelujah
You're my portion
My salvation

Songwriters: Matt Maher / Hannah Kerr

5 February 2025