

Quiet Moments with God

Allow these Quiet Moments to draw you into a time of refreshing, reflection and rest with the Lord. Focus on the truth of Scripture.

Trust and Rest

[Reading: Psalm 62](#)

Yes, I must find my rest in God.

He is the God who gives me hope.

It is surely true that he is my rock and the God who saves me.

He is like a fort to me, so I will always be secure.

I depend on God to save me and to honour me.

He is my mighty rock and my place of safety.

Trust in him at all times, you people.

Tell him all your troubles.

Don't trust in money you have taken from others.

Don't put false hope in things you have stolen.

Even if your riches grow,

don't put your trust in them.

God, I have heard you say two things.

One is that power belongs to you, God.

The other is that your love, Lord, never ends.

You will reward everyone

in keeping with what they have done.

Psalm 62: 5-8, 10-12 NIRV

[Song: My Soul Will Wait. Sovereign Grace Music](#) *(Lyrics on page 2&3)*

My Soul Will Wait (Psalm 62)

Sovereign Grace Music

When the enemy surrounds and my heart grows faint within
When the darkness overwhelms and my fears are pressing in
I will trust in You, O Lord, in the silence I will wait
I will stand upon Your Word

You're my solid rock and my salvation
My steadfast hope that won't be shaken
My soul will wait, my soul will wait for You

You're my stronghold and my shield, in the midst of every threat
Though the wicked never yield, they will vanish like a breath
Yes, I know the outcome's sure, Satan's evil plans will fail
In Your power I'm secure

You're my solid rock and my salvation
My steadfast hope that won't be shaken
My soul will wait, my soul will wait for You
You're my comfort when I feel forsaken
My refuge and my sure foundation
My soul will wait, my soul will wait for You

This is love I can't explain, this is mercy unreserved
Through Your sacrifice so great, I have peace that's undeserved
For the battle has been won, and I fear no shame or loss
Now the sting of death is gone

You're my solid rock and my salvation
My steadfast hope that won't be shaken
My soul will wait, my soul will wait for You
You're my comfort when I feel forsaken
My refuge and my sure foundation
My soul will wait, my soul will wait for You
Oh, we wait

Pouring out our hearts before You
We will trust in You
Perfect Saviour, strong defender
We will trust in You

Perfect Saviour, strong defender
We will trust in you

Songwriters: Bob Kauflin, Keaton Bunting

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