

## *Quiet Moments with God*

*Allow these Quiet Moments to draw you into a time of refreshing,  
reflection and rest with the Lord. You are His.*

### *Of Great Worth*

*You are all around me, behind me and in front of me.*

*You hold me safe in your hand.*

*I'm amazed at how well you know me.*

*It's more than I can understand.*

*You created the deepest parts of my being.*

*You put me together inside my mother's body.*

*How you made me is amazing and wonderful.*

*I praise you for that.*

*What you have done is wonderful.*

*I know that very well.*

*Psalm 139:5-6;13-15 New International Reader's Version*

*Are not five sparrows sold for two pennies?*

*Yet not one of them is forgotten by God.*

*Indeed, the very hairs of your head are all numbered.*

*Don't be afraid; you are worth more than many sparrows.*

*Luke 12:6-7 NIV UK*

[Song: Wonderfully Made. Ellie Holcomb](#) *(Lyrics on pages 2&3)*

*\*Prayer: Lord Jesus, don't let me believe any lies about my lack of worth.*

*I choose to believe that I am dearly loved and highly valued by you. Amen.*

# Wonderfully Made

Ellie Holcomb

It's two in the morning  
And I'm still awake in my bed  
And I can't shake these lies  
They keep running around in my head

But what if I saw me the way that You see me?  
What if I believed it was true?  
What if I traded this shame and self-hatred  
For a chance at believing You?

That You knit me together  
In my mother's womb  
And You say that I've never been  
Hidden from You  
And You say that I'm wonderfully,  
Wonderfully made

You search me and know me  
You know when I sit, when I rise  
So You must know the choices I've made  
And the pain that I hide

But what if I saw me the way that You see me?  
What if I believed it was true?  
What if I traded this shame and self-hatred  
For a chance at believing You?

'Cause You knit me together  
In my mother's womb  
And You say that I've never been  
Hidden from You  
And You say that I'm wonderfully,  
Wonderfully made

And Your eyes, they have seen me  
Before I was born  
And You know all the good things  
That You made me for  
And I'm wonderfully,  
I'm wonderfully made

Oo-oo, oo-oo  
Oo-oo-oo-oo  
Oo-oo, oo-oo  
Oo-oo-oo-oooh

When I consider the Heavens above  
Oh, what is man that You're mindful of us

'Til You say that we're wonderfully,  
Wonderfully made

And You promise that You'll never  
Leave me, oh Lord  
Oh that You hem me in, both behind and before  
And I'm wonderfully,  
Wonderfully made

And You knit me together  
In my mother's womb  
And You say that I've never been  
Hidden from You  
And You say that I'm wonderfully,  
Wonderfully made

And Your eyes, they have seen me  
Before I was born  
And You know all the good things  
That You made me for  
And I'm wonderfully,  
I'm wonderfully made

I'm wonderfully made  
Help me believe it  
Help me to see me  
Just like You see me  
Just like You made me  
Wonderfully made  
Yeah

Oo-oo, oo-oo  
Oo-oo-oo-oo  
Help me believe it  
Help me to see me  
Just like You see me  
Just like You made me  
Wonderfully made

13 August 2025