

Quiet Moments with God

*Allow these Quiet Moments to draw you into a time of refreshing,
reflection and rest with the Lord.*

The Still Centre

Reading: Silence and trust

*The Almighty Lord, Israel's Holy God says this:
'Turn back to me and wait for me to help you.
Be quiet and trust in me.
Then you will be safe and you will be strong again.'
But you do not want to trust in God.*

Isaiah 30:15 EASY

*'I have told you these things, so that in me you may have peace. In this
world you will have trouble. But take heart! I have overcome the world.'*

John 16:33 NIV

**Prayer:*

*So, Father, we know how to distract ourselves.
Help us instead to learn the true way of rest.
From global wars to domestic chores, life can feel so heavy;
you hold it all without worry or weariness.
Help us to offload what weighs us down into your competent hands.
Make us, through our cooperation with your transforming grace,
people of rest in a restless age. Amen*

Bryan Moryikon, Renovaré

Song: Still. Hillary Scott & the Scott Family *(Lyrics on page 2&3)*

Still

Hillary Scott & the Scott Family

I believe that You are God alone
But sometimes I still try to take control
'Cause I get scared when I can't see the end
And all You want from me is to let go

You're parting waters, making a way for me
You're moving mountains that I don't even see
You've answered my prayer before I even speak
All You need for me to be is still

I bring my praise before I bring my need
'Cause there's no fear You've not already seen
I rest my heart on all Your promises
'Cause I have seen and know Your faithfulness

You're parting waters, making a way for me
You're moving mountains that I don't even see
You've answered my prayer before I even speak
All You need for me to be is still

And know that You are God, be still
And know that You, trust that You are parting waters
Lord, You whispered my name
Oh, You answered my prayer
You're moving mountains

You're parting waters, making a way for me
You're moving mountains that I don't even see
You've answered my prayer before I even speak
All You need for me to be is still

Be still

Songwriters: Molly E. Reed / Justin Ebach

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